

Alberta Health Services (AHS)

Calgary Zone School Health Partners

Get to know the Alberta Health Services (AHS) teams that provide supports and services to schools in the Calgary Zone.

Mental Health Collaborative

Community Education Services

community.hmhc.ca

We provide free online evidence-based education for parents, caregivers, and community members on topics related to the development and mental health of children and youth.

Community Health Promotion Services

Email: CHPS@ahs.ca

chps.mhcollab.ca

Our team promotes positive mental health, shifts attitudes and beliefs around substance use, and increases community connectedness. We provide consultation, resource sharing and education sessions such as transform your stress, various substance use topics and mental health literacy.

Continued Professional Development

cpd.mhcollab.ca

We provide online, CME accredited courses for professionals in Alberta working with children and adolescents in the area of addiction and mental health.

Mental Health Literacy

mentalhealthliteracy.org

We use evidence-based training and resources to help teachers and staff understand how to foster and maintain strong mental health, understand mental health disorders and their treatments, decrease stigma, and connect students to get the support they need. Jointly with educators, we have developed curriculum resources to support the delivery of mental health literacy to students in grade 4 to 12. The Elementary curriculum resource is available this year for school districts willing to be a part of the research project. Contact us for more information.

MORE Mental Health Online Resources for Educators

ahsmore.mhcollab.ca

We provide free, online, multi-media courses on mental health and substance use for the K-12 education community. There are over 60 courses available ranging from 5 – 60 minutes long.

Sexual and Reproductive Health

Email: srh.booking@ahs.ca

Phone: 403-955-6515

Our team provides free comprehensive and inclusive sexual health education and health promotion services including: customized professional learning sessions; expert advice on emergent concerns, trends, best practices, and curriculum; virtual and hard copy resources including teacher packages, resource suggestions, and health information; collaboration on special projects; and education for parent and caregiver groups. We may provide limited direct classroom education for students with diverse abilities and other specialized classes.

School Health Promotion

Email: schoolhealthandwellness@ahs.ca

schools.healthiertogether.ca

Our team of health promotion facilitators works in partnership with school authorities across Alberta. We support schools to assess wellness strengths and challenges; find evidence-based school health strategies and resources; provide advice on grant and funding opportunities; and infuse wellness into policies, procedures, and action plans.

Public Health Nutrition

Email: publichealthnutrition.calgaryzone@ahs.ca

ahs.ca/schoolnutrition

Our team of public health dietitians works with schools to promote healthy eating and support healthy food environments. We provide consultation, input on policy development, professional learning sessions and connect schools to evidence-based resources on nutrition and healthy eating.

Public Health Nursing

Contact your [local public health centre](#)

ahs.ca/findhealth/service.aspx?id=1026511

Our team of public health nurses provides routine immunizations for students in grades 1-9, information on immunization anxiety and vaccine hesitancy, and can assist schools to connect with school health partners and resources.

Environmental Public Health

Intake line: 1-833-476-4743

ahs.ca/eph

Our team of public health inspectors work with schools to provide approvals for food service facilities requiring a food handling permit such as cafeterias, canteens, and breakfast programs; food safety training; expert advice on outbreak prevention and control including guidance on handwashing, cleaning, and disinfecting; and information on indoor air quality and safe drinking water.

For communicable disease outbreaks please contact the AHS Coordinated Early Identification and Response (CEIR) Team at [1-844-343-0971](tel:1-844-343-0971)

School Oral Health

Email: oralhealtheducation@ahs.ca

ahs.ca/services/page13173.aspx

Our team of registered dental hygienists and registered dental assistants provides preventative dental services such as fluoride varnish and dental sealants for students in kindergarten to grade two. These services are available in targeted schools.

**Visit schools.healthiertogether.ca for more information
on AHS school health resources and supports.**

Please note: Alberta Health Services supports school staff through consultation, professional learning, lessons plans, and health resources. We do not provide classroom presentations for students.